

## **Equipment**

**Safety will always be our #1 priority.** With this in mind, the NSMBHL will always err of the side of caution. When in doubt regarding equipment or rules be sure to ask your Coach or League Staff or referee. The referee will have the final say regarding equipment.

### **Mandatory Equipment**

- All players must wear a CSA (Canadian Standards Association) approved helmet, shin guards, approved hockey gloves and running shoes. ( Soccer or Ball Hockey shin guards are recommended) Players under the age of 18 are required to wear CSA approved full facial protection as well.

### **Optional Equipment**

- Although not mandatory, it is recommended that players wear elbow pads, and an athletic cups. As well, players over 18 years old should consider wearing facial protection to protect their eyes.
- Standard hockey sticks are used to play the game

### **More About Hockey Stick**

- Players may use ANY regular styled hockey stick. No floor ball sticks are permitted.
- Plastic hockey sticks are welcomed. They tend to be cheaper and last longer
- Sticks must not be broken in any way and must have at least 1.5 inches of height to ensure they can not penetrate a regular face mask

### **What About Goalie Gear?**

A complete set of ball or ice hockey goalie gear must be worn. In the u7, u9 and u11 divisions, ball hockey goalie gear can be worn. In the u13 and older ice hockey quality gear is to be worn to ensure adequate protection. It is understood that used, and perhaps old, ice hockey goalie gear may be used. The key to consider is goalie safety.

Goalie gear will include:

- Mask or helmet and full cage
- Trapper and blocker
- Goalie pads
- Hockey pants
- Chest and arm protector
- A goalie stick (goalies are not permitted to play with a regular player stick)

**Team Jersey** – the league will provide each player with a quality jersey. The jerseys are to be returned in good shape at the end of the season. All parents agreed to pay a fee of \$35 should your player not return their jersey. Please ensure your player arrives with their jersey for each game and returns their jersey at the end of the season!

**It is the responsibility of each player and parent to know the rules including what equipment is required. When in doubt please ask your coach, referee or league staff.**